



## “TELL ME ABOUT YOURSELF”

This question can occur in both formal situations like interviews or career fairs and informal settings such as meetings and social events. Remember that when people ask this question, they usually are genuinely interested in getting to know you better, regardless of the setting.

This question is an opportunity for you.

Prepare a response in advance – tweak later for specific situations.

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### **Interviews or career fairs**

“I look forward to bringing my communication, writing and critical thinking skills to the PR associate role at Clear Image. Through my internship at French, West, Vaughn I demonstrated skills in communicating with a wide variety of audiences, an ability to write concise press releases and I worked with a team to evaluate client PR needs with a strategic outlook.”

“I’m a graduating senior in chemistry here at NCSU. I knew I would major in this field when I took chemistry in high school. I just fell in love with it. In addition to my strong academic background, I have gained valuable experience through an REU chemistry internship last summer. Previous to that experience, I assisted one of the professors in the Chemistry Department. I have been a student member of the American Chemical Society for the last two years where I served as corresponding secretary and headed the social actions committee. I have always been intrigued with laboratory work and that is why I am so excited about this laboratory technician position.”

“Well, as you can see from my resume, I am just finishing up my degree in Electrical Engineering. I recently completed an internship with General Electric, which was focused on nuclear power, and I am excited about working in the power industry, because energy is such a strong interest area of mine. When I was in middle school, did a science fair project on wind energy, and I’ve been hooked ever since. In my spare time, I enjoy PC gaming and car restoration.”

### **Meetings or social events**

“I’m originally from Wilmington and currently a junior in Mechanical Engineering. I am very interested in renewable energy – and most recently joined W.E.E.L. – Wolfpack Energy Efficient Locomotion. My focus at this point is to find an internship in this field and I am open to any location. Are there specific individuals or organizations you would recommend I consider? I appreciate your suggestions!”

“I am a junior at NC State majoring in political science with a minor in management. I am exploring the area of public administration and am in the process of talking with professionals in that area of work. One of the things that I have found is important to me is being in settings where I can have a direct influence on policies that directly affect people's ability to obtain basic human services. I'm wanting to experience this field from the ground up before I graduate. Do you happen to have any suggestions or know people I should be talking to for more information or perhaps an internship opportunity?”