

5. What is your Major?
Why did you choose this major?

6. Do you have any learning or attention problems that you are aware of? If yes, describe type and include date diagnosed (if applicable) and list any treatment received.

7. How prepared do you feel on issues of time management, test-taking skills, note-taking skills, study skills, and writing skills.

8. Have you ever used any NCSU services to help you with time management, study skills, or to help with certain academic courses (i.e. tutors)? If yes, when? Did they help?

9. How would describe your academic and career goals? How do you plan on meeting your goals?

10. Were there any significant events that happened prior to/during your academic difficulties (death or loss, traumatic event, personal or financial hardship, other severe stressors)? If yes, briefly describe.

11. When you were at NCSU were you happy? Did you feel like you fit in? Did you feel you had some good friends here?

12. Have you been in counseling before? If so, when, for how long, and for what reason?

13. Have you ever been depressed, anxious, or experienced other emotional difficulties? Have you ever been on medication for a psychological/psychiatric reasons? If yes, for what reason, what medication, and for how long?

14. How often do you use alcohol? What kind, how frequently and what quantity? Do you ever use recreational drugs or prescription medications that have not been prescribed to you? If yes, what kind, and how frequently? Have you ever been in substance abuse treatment? If yes, for what substance(s), when, and how long?

15. Have you had any medical issues, past or present? If so, what and when was this a concern?

16. Describe your relationship with your family. What is their opinion on your education? Do you feel supported? Have you been significantly concerned about any family member(s) for any reason? Does anyone in your family have a medical or psychological illness? If yes, who and what illness(es)?

Please list your current contact information (legibly):

Name _____

Address: _____

Phone number(s): _____

Thank you for completing this form. Please submit this form to the Counseling Center prior to calling to set up your appointment. It generally takes 2-3 working days to process your paperwork once it is received at the Counseling Center.