

## First Year College

**2YN (Second Year News)**

The newsletter for not-so-first-years in the First Year College

**Study Abroad**

Where have you always wanted to travel? It may seem like you are too busy right now with exams to have time to see the world, but your undergraduate years can actually be the best time to take a trip. Studying abroad can give you the opportunity to work towards your degree while experiencing culture and broadening your horizons.

The Study Abroad Office at NCSU, conveniently located on the 3rd floor of FYC Commons, offers programs all over the world in which you can get credit towards your major or fulfill general education requirements. These programs can be offered during the year or over the summer. Often, the financial aid and scholarships you already have at State can be transferred to a study abroad program, and the Study Abroad Office itself provides over \$100,000 in scholarships annually.

So what are you waiting for?  
Visit <http://studyabroad.ncsu.edu> today!

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**Dates to Remember:**

- April 20-24—dead week
- April 24—last day of classes
- April 27-May 5—final exams

**Upcoming Events:**

- April 21, 1 PM, Counseling Center  
**Stress Management Workshop**  
Learn effective approaches to daily stress management
- April 22, 4 PM, FYC Commons 106  
**Credit Cards—Rewards or Risk? -**  
Come learn about the secrets that credit card companies don't tell you and what it could mean for your financial future.
- April 23, 2 PM, Counseling Center  
**Healthy Cramming Workshop**  
Learn strategies for last-minute studying while keeping your energy

**Co-op**

Have you ever thought about getting experience in a career but felt like you couldn't fit it into your schedule? NCSU's Cooperative Education Program allows you to work for multiple semesters in the field of your choice, providing you with the opportunity to gain valuable work experience and try out potential careers. While you co-op, you are still pursuing your degree at NC State.

If you are worried about getting a job when you graduate, working with co-op can give you the experience you need to make your resume stand out from other candidates. You will also be making contacts in your field of interest, many of whom will be able to help you out when it comes time to find a permanent position.

If you'd like to find out more, click:

[http://www.ncsu.edu/co-op\\_ed/](http://www.ncsu.edu/co-op_ed/)

