

## **Drinking and Driving**

### Objective:

Aid students in understanding the consequences of drinking and driving

### Materials needed:

(Optional) Alcohol goggles and tape. GO to the website

[http://www.ncsu.edu/stud\\_affairs/legal\\_services/legaldocs/DWI.htm](http://www.ncsu.edu/stud_affairs/legal_services/legaldocs/DWI.htm) for information on drinking and driving.

### Session:

- Begin the session by asking the group if anyone has ever ridden in a car where the driver had too much to drink. Have them describe that experience. Someone may even share that they have driven while impaired. Ask them to share what happened.
- You may wish to use the alcohol goggles provided by the Student Health Center to show the physical affects alcohol can have on the body. After having the group try to walk a tapeline while wearing the goggles ask them if they could safely drive while wearing the glasses. Then ask them why do people, who are drunk, insist they can drive even when their vision may be this impaired.  
[The answer is that alcohol is a drug and overrides our ability to think straight.]
- Ask students if they know at what blood level alcohol content (BAC) in North Carolina a person is considered legally drunk. If they do not know tell them that a person who registers .08 or higher will be charged for a DWI. Inform them that due to the "no tolerance" law in North Carolina anyone under age 21 with any traceable amount of alcohol in his or her system warrants a DWI. A person also can be issued a DWI even if they do not register at the .08 level. The reason for this is that some people are impaired below the .08 level. Also, some people are impaired due to other substances (like marijuana) and circumstances (lack of sleep).