



# The Voice

## October, 2009

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The following provides information and updates from the October 7, 2009 meeting of the NC State University Staff Senate.

### **Speakers:**

Eric Shiflett, MarketPlace Manager, Purchasing Department  
Rob Stevenson, HR Consultant - Benefits/ Employee Recognition Manager  
Yvette Griffin, Human Resources - Benefits Section Director

Eric Shiflett, MarketPlace Manager, Purchasing Department

For purchasing products and services at NC State, contract vendors are not your only option. The State allows purchases from non-contract vendors where the item can be purchased at an equal or lower price. The university's online ordering platform, MarketPlace, consists of about a dozen vendors who often provide significant cost savings over state contract vendors. When ordering online, through MarketPlace, you are billed directly through your project ID, eliminating the need for PO numbers, vouchers, and checks. Online ordering reduces time spent placing and reconciling orders. Before your next purchase, be sure to check out MarketPlace. To learn more, go to <http://www7.acs.ncsu.edu/materialsmgmt/purchasing/guidelines/market.asp> or contact Eric Shiflett, MarketPlace Manager at [eric\\_shiflett@ncsu.edu](mailto:eric_shiflett@ncsu.edu) or 513.2272.

Rob Stevenson, HR Consultant - Benefits/ Employee Recognition Manager  
Yvette Griffin, Human Resources - Benefits Section Director

Last year the Office of State Personnel mandated all state agencies and universities establish a Wellness Committee. The committee is charged with creating a health-friendly work environment and developing strategies to support healthy living practices among NC State faculty and staff. NC State's Wellness Committee consists of individuals from Campus Recreation, Carmichael Gym, University Dining, among others. The committee identified many programs already in place on campus whose goals were to encourage and support healthy living among NC State faculty and staff. The WolfLife Wellness website was developed to provide faculty and staff a one-stop source for information and resources related to healthy living. The website includes information and programs relating to diet and nutrition, physical activity, financial planning, work-life balance, disease management and prevention, and more! For more information on WolfLife Wellness programs and services, go to <http://www7.acs.ncsu.edu/hr/benefits/WolfLife>.

The first program developed by the Wellness committee, SHAPE U, is a five-week program designed to teach individuals to incorporate nutrition and physical exercise into their daily lives for improving health and maintaining a healthy weight. SHAPE U participants keep track of their progress through a personal food journal, physical fitness assessments, and regular weigh-ins. For more information about SHAPE U and other programs designed with healthy living in mind, go to <http://www7.acs.ncsu.edu/hr/benefits/WolfLife>.

### **Announcements:**

The annual enrollment period for NC Flex Benefits is October 5 through October 30, 2009. Changes become effective on January 1, 2010. The following is a quick overview of what's new for 2010:

- FREE \$10,000 Accidental Death and Dismemberment core policy - enrollment required
- Health Care Flexible Spending Account limit raised to \$5000/year
- State Health Plan vision exam benefit ends 12/31/09 – Three NCFlex vision plans are available
- Critical Illness: enroll without Evidence of Insurability (EOI)
- Cancer Plan: enroll in the low option plan without Evidence of Insurability (EOI)
- NCFlex Term Life: no EOI required for new coverage of \$20,000 or \$10,000 increase (up to \$100,000)
- Dental Plan: 9% rate increase
- Liberty Mutual Long Term Disability: no EOI required for enrollment unless previously denied
- MetLife Group Term Life: current participants may be able to increase coverage without a Statement of Health (SOH); those enrolling for the first time can do so by completing an enrollment and SOH.

For more information, go to <http://www.fis.ncsu.edu/hr/benefits/annualenrollment.asp>.

There's one more opportunity to get your seasonal flu shot on campus. The last flu shot clinic will be held on Thursday, November 12, 2009. For more information and registration, go to <http://www.fis.ncsu.edu/hr/benefits/enrollment/flushots/>.

For complete Staff Senate meeting minutes, go to the Staff Senate website ([http://www.ncsu.edu/staff\\_senate/minutes.htm](http://www.ncsu.edu/staff_senate/minutes.htm)). Meeting minutes are posted after approval by the Staff Senate.

**Officers for the 2009-2010 Staff Senate:**

Steve Carlton, Chair  
Randy Colby, Chair-elect  
Joan Lassiter, Vice-chair  
Carrie Levow, Parliamentarian

Upcoming Staff Senate meetings (10:00am-12:00pm Talley Student Center, Walnut Room):

November 4, 2009  
December 2, 2009  
January 6, 2010

Upcoming Executive Committee meetings:

November 18, 2009  
December 16, 2009  
January 20, 2010

**Staff Senate Contact Information:**

Please remember this is your Senate and your issues and concerns are important to us. If you do not know your Senator, visit our website at [http://www.ncsu.edu/staff\\_senate/senators.htm](http://www.ncsu.edu/staff_senate/senators.htm). All Staff Senate meetings are open to the public, please join us! What can the Staff Senate do for you?