



Student Bridges

A program sponsored by the Women's Center

Student Bridges is a leadership development program for women students at North Carolina State University. The semester-long program is geared toward upper class and graduate students who seek to build upon their leadership skills. It is designed to help women identify, understand, and move into leadership roles both personally and professionally throughout their lives.

Participants are required to attend bi-weekly sessions. Past session topics have included: Assertive Communication, Conflict Management, Professional and Personal Etiquette, Multicultural Issues in Leadership, Ethics in Leadership, and Managing your Personal Finances.

Through the program, participants will be exposed to:

- Developing insights into leadership, with a particular focus on the special skills and attributes women bring to their leadership roles;
- Experiencing One-on-One mentoring with a faculty/staff member
- Increasing awareness of obstacles faced by women as well as individual and collective strategies to address these issues
- Exploring life choices and career opportunities through a career research and interview
- Refining and improving their cross-cultural awareness and communication skills
- Gaining a deeper insight into building self-esteem, self-awareness and self-confidence

Interested women should complete a **Student Bridges Application** and Reference Form by **October 29, 2007**.

*All applications should be returned to the NC State Women's Center –
Attn: Lois Crowe, 3120 Talley Student Center, Box 7306*

TIMELINE:	
October 29, 2007	Applications Due
November 12, 2007	Selected Students Notified
November 28, 2007	Reception for all Participants

The following is a schedule of the session dates for 2007. **ALL** sessions (with the exception of the Bridges Retreat) will take place in the Talley Student Center (TSC) on Wednesday evenings beginning at 5:30pm. Participants are **REQUIRED** to attend all sessions.

Bridges Retreat	Tuesday, January 8, 2008	Blue Room, TSC
Session Two	Wednesday, January 23, 2008	Boardroom, TSC
Session Three	Wednesday, February 6, 2008	Board Room, TSC
Session Four	Wednesday, February 20, 2008	Board Room, TSC
Session Five	Wednesday, March 12, 2008	Board Room, TSC
Session Six	Wednesday, March 26, 2008	Board Room, TSC
Session Seven	Wednesday, April 9, 2008	Board Room, TSC
GRADUATION	Wednesday, April 23, 2008	Location to be determined

For more information on Women's Center programs visit: http://www.ncsu.edu/womens_center

Student Bridges

Application

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North Carolina State University*



PLEASE PRINT OR TYPE ALL INFORMATION

Name _____

Phone _____

Local/Campus Address _____

E-mail _____

Circle Classification: Junior Senior Graduate Student

Major/Minor _____

Interests _____

List three areas you hope to develop skills in by participating in this program:

1. _____

2. _____

3. _____

Provide responses to the following on a separate sheet of paper

- 1.) List your three strongest skills and three areas of growth or challenge for you as a leader.
- 2.) In a short paragraph (10 sentences), discuss what you hope to gain from participation in the Student Bridges program and how leadership skills will help you achieve your future goals.
- 3.) Participants of the Student Bridges program are paired with faculty/staff mentors. Explain what you look for in a mentor (qualities, experiences and interests that you would hope to share).

Essay

In one double-spaced typed page (250 words), write about a woman who you admire as a leader. Discuss what leadership traits and ideals this person exemplifies and how she has impacted your life.

Recommendation

Applicants must also submit one Reference Form (completed by faculty/staff member, employer, or Academic Advisor)

**All applications must be received by
Monday, October 29, 2007**

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