



WOMEN'S CENTER AT NC STATE

Celebrating Women 365 Days A Year

FALL 2007 CALENDAR OF EVENTS AND NEWS

From the Director

This past year has been exciting for the NC State Women's Center as we work to celebrate and support women through educational programs, mentoring, and leadership development. We conducted over 79 program events, reaching more than 3700 students, staff, and faculty. Our website has been completely revised and updated, integrating our new look online – check it out! Internally, we made great strides with our staffing, space, and budget.

The Women's Center was awarded a two-year grant to hire a full-time Rape Prevention Education Coordinator, and Juliette Grimmert's knowledge and expertise on sexual violence is much needed on campus. With a new staff member joining our team, we obtained the daytime use of meeting room 3121 next door to the Center, essentially expanding our space by 50%. Our budget was severely constrained in recent years, and a realignment of our funding now provides for our day-to-day operations. Our programming budget, however, still has to be 100% fundraised. Support can come in many ways: in-kind donations, becoming a Friend of the Women's Center, and shopping Amazon.com via our website link. Your support can help ensure that the vital work carried out by the Women's Center continues to enrich and improve the lives of women in the NC State community.

We're excited about our upcoming year of programs from our signature events such as the Chocolate Festival and Take Back the Night to our focused programming such as the Byron Hurt discussion about hip hop music and Running & Winning where young women are encouraged to explore public service as a career. We hope to see you at some of our events!

Shannon

Advocates Corner

The Molly Hays Glander Rape and Sexual Assault Response Line is a service that we provide to the NC State University community. The response line is provided throughout the entire year 24 hours a day with the help of over 40 volunteers. Our volunteers (advocates) are students, staff, faculty and alumni who assist callers in need of assistance and support and they do so with great care and concern. We would like to say thank you to all of our advocates for the Molly Hays Glander Response Line. We especially would like to thank those advocates who consistently take the on-call phone for weeks at a time or several weeks throughout the academic year and summer.

A special thank you to **Maura Anderson, Tresa Barlage, Erika Bowles, Megan Delph, Pam Gerace, Shannon Hobbs, Stephanie Kennerley, Lisa LaBarbera, Jordan Luzander, and Joy Tongstri** for serving as on-call advocates this past summer! **THANK YOU!!!!**

If you are interested in volunteering as an advocate, please go to our website and complete an application for our next training which will be held on September 21st from 10AM-6PM.

Applications are due by September 14th.

Welcome Juliette!

I joined the Women's Center in February 2007 as the Rape Prevention Education Coordinator. Through my twelve years of working to end sexual and relationship violence, I learned how vital it is that colleges have their own programs working to end this violence, and I feel honored to be a part of the prevention movement at NCSU. One of my main charges is to start a group of student sexual and relationship violence peer educators. I will be teaching a 3-credit course through the College of Education in Spring 2008 for students interested in this program, so please check the Women's Center website or call our office for more details as registration approaches.



In my short time here, I have had the opportunity to lead the newly named NCSU Alliance for Sexual Assault Prevention (ASAP). Represented by eighteen offices on campus, ASAP meets monthly to discuss campus concerns and current prevention trends, as well as work towards creating collaborative systems and enhancing alliances that will help prevent sexual violence at NCSU. One outgrowth of ASAP is the new Greek Life Risk Management program created in collaboration with the Office for Equal Opportunity, University Housing, the Office of
(continued on back page)

New Program for First Year Students

The Women's Center is honored to be one of nineteen campus recipients of a free one-year trial of a new program entitled nformd.on.sexual.assault, a gift totaling over \$30,000. This online video features college-age actors discussing the issue in a way that reaches young adults and includes video testimonies from actual sexual assault survivors. The program focuses on key elements of the problem such as male/female communicative differences, drugs used to facilitate sexual assault, prevention through a proactive bystander model, and sexual peer pressure.

All incoming first-year students are expected to watch this video and respond to the pre and post-test questions. Additionally, administrators from Greek Life have viewed nformd and are making its completion an expectation for all 1400 members of the Greek system. National statistics indicate an epidemic level of sexual violence on college campuses and this new resource is invaluable.

Please encourage all first-year students to complete this online educational program. For more information contact Juliette Grimmert at juliette_grimmert@ncsu.edu or 515-2012.

Buying from Amazon.com?

If you are buying texts or other items through Amazon.com, please use the link on our website. There is no additional cost to you, but the Women's Center will receive a "referral" fee.

Thank you for your support!



NC State
Women's Center
Celebrating Women 365 Days A Year

CALENDAR

Fall 2007

For updates visit our website at: http://www.ncsu.edu/womens_center/ Call us at: (919) 515-2012 or Email us at: womenscenter@ncsu.edu

Sexual Assault Survivors Support Group

A support group is being started on campus for women who are survivors of sexual violence. If you are interested in participating, please contact Erika at erika_bowles@ncsu.edu or 919-515-2012.

Ongoing Programs

Tuesdays, 5:30 PM
Room 3121, Talley Student Center

Let's Knit

Beginners as well as experienced knitters are welcome to join this informal group. The Women's Center will supply yarn, patterns, and instruction. We ask that you bring a pair of needles - a US size 8 (Short) is recommended if you are a beginner.

Thursdays at 5:30 PM
Talley Student Center

Yoga

Open to all students, staff, and faculty, our professional instructor has years of experience and owns and operates Joy Yoga Studio in Cary. To register, call or come by the Women's Center. There is a one-time, nonrefundable registration fee of \$20 per semester. Classes begin August 30 and go through November 8.



Thursdays at 5:00 PM
Room 3121, Talley Student Center

LBGT Coffee Talks

Coffee Talks meets each Thursday at 5:00 PM throughout the semester and offers social support and discussion in a group setting for gay, lesbian, bisexual, transgendered, students questioning their identity, and their allies. This is a safe space to meet people, hang out, and discuss anything with your own peers. These talks are cosponsored by LGBT Services, Counseling Center, and the Women's Center. For more information contact Richard Tyler at retyler@gw.ncsu.edu.

August

Student Bridges Applications

Consider applying for Student Bridges, an intensive leadership development program for women at NC State. This semester-long program is geared toward juniors, seniors, and graduate students who seek to build upon their leadership skills. More information and applications are available on our website. Applications due October 29.

September

Monday, September 3

Labor Day - Univ. Closed

Wednesday, September 5

6:00 PM

Brown Room, Talley Student Center

If I Knew Then ...

Graduate students will share information about the unwritten rules of being a female graduate student and tips they wish they had known during their first year at NC State

Tuesday, September 18

7:00 PM

Room 3118, Talley Student Center

Beyond Beats and Rhymes

Special preview of the film *Beyond Beats and Rhymes*. Discussion of the film with filmmaker Byron Hurt will be held on September 24.

Wednesday, September 19

5:30 - 8:30 PM

Talley Student Center

SafeSkills® Self-Defense

The instructors, Kathy and Beth, have over 40 years combined experience in self-defense. This workshop is open to WOMEN ONLY and will teach both verbal and physical skills that are practical, realistic, and easily remembered. A \$55 value, the workshop is offered **FREE** to the first 20 people who register.

Friday, September 21

Alternative Spring Break Application Deadline

The Women's Center and CSLEPS teamed up to offer an Alternative Spring Break trip to Guatemala focusing on gender issues. This 16-person team will explore such areas as violence against women, women's and children's literacy, women's cooperatives both within Guatemala and how these issues may be similar or different in the USA. Must attend an information session in order to apply. Trip application and details about information sessions online at <http://www.ncsu.edu/csleps/service/asb.htm>

Friday, September 21

10:00 AM - 6:00 PM

Talley Student Center

Rape and Sexual Assault Response Training

Would you like to know how to assist survivors of sexual assault? This training will give you the tools to assist a survivor and aid them in finding resources. This training is a requirement for anyone wishing to be an advocate for the Molly Hays Glander Rape and Sexual Assault Response Line here on campus. **Deadline for applications is September 14.** Applications can be down-loaded from our website. Need more info? Call us at 515-2012.

Friday, September 21

5:00 - 8:30 PM

Campus Rec Rock Wall

Women on Rocks



Come learn the basics of rock climbing in a safe, non-threatening atmosphere of women only. Register online after August 20 at http://www.ncsu.edu/campus_rec/Outdoor_Adventures/Workshops.htm

NC State Women's Center Calendar *(Continued)*

For updates visit our website at: http://www.ncsu.edu/womens_center/ Call us at: (919) 515-2012 or Email us at: womenscenter@ncsu.edu

Monday, September 24

7:00 PM

Campus Cinema, Witherspoon

Byron Hurt - Hip Hop: Beyond Beats and Rhymes



In his documentary *Hip Hop: Beyond Beats and Rhymes* Byron Hurt examines representations of manhood,

sexism and homophobia in hip hop culture. Selected by the Sundance Film Festival, *Hip Hop: Beyond Beats and Rhymes* was conceived as a "loving critique" of certain disturbing developments in mainstream rap music culture from a long-time hip hop head. Hurt will show and discuss the film and provide time at the end of the program for Q&A. A brief reception will also follow the program. This event is only open to NC State students, faculty and staff.

October

Monday, October 1

6:00 - 9:00 PM

SafeSkills® Self-Defense

The instructors, Kathy and Beth, have over 40 years combined experience in self-defense. This particular workshop will focus on hate crimes and gay/lesbian issues. A \$55 value, the workshop is offered FREE to the first 20 people who register..

Wednesday, October 3

1:00 - 4:00 PM

Talley Student Center Ballroom

Chocolate Festival

Join us for our 4th Annual *Chocolate Festival!* In addition to sampling various chocolate items, participants will have the opportunity to learn more about breast cancer at the wellness fair, purchase various merchandise and bid on items in our silent auction. Proceeds from the festival will go to the Women's Center and the Susan G. Komen Race for the Cure®, NC Triangle Affiliate. Last year sold out early - get your ticket now! Tickets available in the Women's Center, Room 3120 Talley Student Center.



We continually add programs to our calendar throughout the semester. Check our website often for updates.

Tuesday, October 9

6:00 PM

Campus Cinema, Witherspoon

A Christmas Family Tragedy

This documentary film tells the story of a widely respected, affluent tobacco farmer named Charlie Lawson who on Christmas Day 1929 brutally murdered his wife, 6 of his 7 children, and then himself in Stokes County, NC. This film explores the legends and myths surrounding the murders, what they mean to the remaining family and community now, and sends the audience home with a strong message about the reality of domestic violence. Followed by Q&A with one of the filmmakers.

Thursday, October 11 and

Friday, October 12

Fall Break - No Classes

Wednesday, October 17

6:00 PM

Brown Room, Talley Student Center

Love Your Body

Hollywood and the fashion, cosmetics and diet industries work hard to make each of us believe that our bodies are unacceptable and need constant improvement. Print ads and television commercials reduce us to body parts - lips, legs, breasts - airbrushed and touched up to meet impossible standards. TV shows tell women and teenage girls that cosmetic surgery is good for self-esteem. Is it any wonder that 80% of U.S. women are dissatisfied with their appearance? These industries can't use negative images to sell their products without our assistance. Together, we can fight back!



Tuesday, October 23

7:00 PM

Take Back the Night

Our 20th Annual Take Back the Night March and Rally to promote sexual assault awareness, prevention, and safety on our campus and in the community. For more information about this event or how your department or organization can co-sponsor the event, please contact our office.

Monday, October 29

Student Bridges Applications Due

Monday, October 29 and

Tuesday, October 30

Talley Student Center

Auditions for The Vagina Monologues

The Women's Center will sponsor *The Vagina Monologues* again this spring! We are looking for actors to be part of this exciting and sometimes controversial play. **No experience necessary.** Don't be shy! Contact the Women's Center to sign up for an audition time.

November

Saturday, November 3

8:30 AM - 3:30 PM

Peace College

Running and Winning

This interactive workshop is designed to give young women in high school (seniors) and college (first years and sophomores) the opportunity to explore public service as a career. Participants will meet with local women office holders and explore their own leadership abilities. Deadline is October 5 to apply for competitive selection online at <http://www.peace.edu/runwin>

Tuesday, November 6

Election Day

Saturday, November 10

Peace College

WILD Conference

Join us for the 8th annual Women in Leadership Development (WILD) Conference, a collaborative effort among Triangle-area colleges. This conference is designed to inspire, develop, and empower a diverse community of collegiate women as leaders through teaching relevant skills, creating networking opportunities, recognizing and challenging structural barriers, and encouraging self-reflection. Cost is \$15 - inquire about a limited number of scholarships available. Registration form online at <http://www.ncsu.edu/csleps/leadership/wild.htm>

Wednesday, November 21 through

Friday, November 23

Thanksgiving Break

Juliette

(from front page)

Student Conduct, and the Women's Center. This year's program will focus on the newest, promising sexual violence prevention practice of how to be a proactive bystander.

Additionally, as part of the effort to develop tailored programming for NCSU students, I will be launching a confidential online survey this fall to a random sample of students regarding bystander behaviors and sexual experiences. The survey results will help us better understand the extent of sexual violence at NCSU as well as how to best focus our prevention efforts.

Finally, a little about me...I received my undergraduate degree in sociology and women's studies at the University of South Carolina in 1999 and graduated in May 2007 with a Masters in Public Health from UNC-Chapel Hill. I have dedicated my life to celebrating diversity in all of its forms and working towards a world of peace and equality. My parents would agree as they say that I have been a feminist and social justice advocate since I came out of the womb! I love to spend time with my family and friends, play with my two cats and travel. I was born in Paris, speak French fluently, and grew up in Newton, MA. While I have only been here for five months, I already feel a part of the NC State family and I look forward to continuing to build relationships with folks all over campus.

Juliette Grimmert



Get Involved

All the wonderful people who get involved in the Women's Center are what make the Center a valuable resource to the NC State campus. There are multiple ways of involvement, and we hope you will explore the following opportunities to find at least one way of becoming involved. Open your mind and make a difference!

Listserv – receive our weekly E-News and Announcements about upcoming events

Volunteering – give your time and gain so much more in return

Activism – focus on larger, social change issues and take a stand

Check out our newly revised website to learn more!



Women's Center Staff

- Shannon Johnson, Director
- Laci Weeden, Assistant Director
- Juliette Grimmert, Rape Prevention Educator
- Lois Crowe, Office Manager
- Arundhati Balachandran, Graduate Intern
- Erika Bowles, Graduate Intern
- Shannon Hobbs, Graduate Intern
- Rovina Nimbalkar, Graduate Intern
- Brook Powers, Graduate Intern
- Gina Conner, Work Study Student
- Maria McDuffie, Work Study Student
- Shannon Power, Work Study Student

Special Thanks to Our Friends

Jenny Chia-Jen Chang Level (\$5000 and above):

Molly Hays Glander Level (\$1000-4999):

Sue and Dan Hill
Rebecca Leonard

Visionary Level (\$100-999):

Activist Level (\$25-99):

Special thanks to the Parents Fund and all of the individuals, departments, and businesses that provide ongoing support of our programs throughout the year!

Become a Friend!


The Women's Center strives to create a safe and celebrative space for women to explore, learn, and reach their maximum potential in a more equitable society. By becoming a Friend of the Center, your tax-deductible contribution provides the means needed for the Center to maintain and develop new programs and services. Visit our updated website or contact our office for more information and a brochure. As a Friend of the Women's Center, you give the gift of your spirit – your commitment to women and education!

Recently Get a New Phone?

Before you throw out that old cell phone, bring it to us! The Women's Center collects them, and the old cell phones are either shared with victims of domestic violence or sold for parts. The funds raised from selling the phones help support our programming.

For updates visit our website at http://www.ncsu.edu/womens_center/

Women's Center
Fall 2007
CALENDAR
OF EVENTS

 **NC State Women's Center**
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